

Winter Science Challenges!

Design a Healthy Plate of Food!

Your challenge is to design and make a healthy 3D plate of food!

What will you use? Which materials could you use to make the different foods?

How are you going to do it?

Design your plate first and send this in with your finished plate or pictures.

Challenge 1

Can you make a plate that is a whole healthy meal?

Challenge 2

Can you make a plate that has a healthy dinner and pudding on it?

Challenge 3

Can you design a healthy plate and write a dinner menu for it?

Bring your pictures and / or writing to Mrs Dalton for the Science Challenge Board.

Photos can be emailed to science@herne-bay.kent.sch.uk

Everyone who takes part will receive a certificate and there will be a prize for the best in each year group!

Mrs Dalton



